

Birthright Bill of

PRENATAL

You have the right to:

- ...ask questions.
- ...ask about medication and side effects.
- ...ask about the overall cost of birthing and delivery.
- ...know about all types of delivery services offered in the hospital
 - vaginal birth, Caesarean birth, breach.
- ...ask about a procedure and all details regarding the procedure.
- ...ask about Caesarean rates in the hospital.
- ...tour the birth center.
- ...choose your provider.
- ...refuse a provider.
- ...request a specific provider and provider's gender.
- ...refuse a service, procedure, or medication.
- ...have a medication plan.
- ...have your doula with you whenever you need.
- ...submit a birth plan to your provider and require that it be followed.
- ...choose alternative birthing methods
 - kneeling, squatting, water birth, natural birth, labor at home, etc.

LABOR

You have the right to:

- ...refuse Pitocin.
- ...refuse a cervical check.
- ...be mobile, stand up, change position, etc. during labor.
- ...select who is in the birthing room and who is not.
- ...refuse an episiotomy.
- ...delay umbilical cord cutting.
- ...cord blood banking (per Medicaid guidelines).
- ...keep your placenta for placenta encapsulation.
- ...refuse third stage labor management.

POST BIRTH

You have the right to:

- ...refuse drugs.
- ...give your baby the first bath.
- ...keep baby in the room and keep baby skin to skin.
- ...keep your information and status private.